THE COFFEE BAR

Soup of the day, Home-made Brown Scone (1- WHEAT, 3, 9, 7)	€6.00
Home-Made Seafood Chowder, Home-made Brown Scone (1-WHEAT, 3, 4, 7, 9)	€8.50
H&J Salad Bowl Choose From: Falafel (I-Wheat, IO, II) or Chicken (IO, II)	€14.50
Savoury Cheese & Thyme Scone (1- WHEAT, 3, 7)	€2.80
Cooleeney Brie, Ham & Leek Savoury Tartlet Served with Seasonal Salads (1-WHEAT, 3, 7, 10, 11)	€13.00
The Butchers Daughters Sausage Roll with Inch House Black Pudding Served with Seasonal Salads (1-WHEAT, 10, 11, 12)	€9.50
Spinach Strudel Served with Seasonal Salads (1-WHEAT, 3, 7, 10, 11)	€9.50
Open Ballycotton Smoked Salmon, Cream Cheese, Salsa Verde on Soda Bread Served with Seasonal Salads (1-WHEAT, 3, 4, 7, 10)	€12.50
Chicken & Stuffing Sandwich, Ballymaloe Cranberry Served with Carrot & Salad (1- WHEAT, 3, 7, 6, 10)	€7.50

BRUNCH BITES

Home-Made Pecan Granola Bowl Haye's Farm Yoghurt, Berry Compote & Fresh Fruit (1 - OATS, 6, 7, 8- PECAN, CASHEW)	€6.50
Overnight Oats Chia Seeds, Nutshed Peanut Butter, Granola & Fresh Fruit (1-0ats, 5Peanuts, 7, 8-Cashews, Pecans, 12)	€6.00
Home-Made Fruit Scone Crossogue Raspberry Jam, Whipped Cream (1- WHEAT, 3, 6, 7, 12)	€3.40

DRINK SPECIALS

Solaris Herbal Tea Choose from: Green Tea, Peppermint, Earl Grey, Chamomile	€3.20	
Vanilla / Spiced Chai Latte	3.80 / 4.50	
O Connail's Hot Chocolate Milk & Dark (6, 7)	€4.00	
Kids Hot Chocolate with Marshmallows (6, 7)	€2.80	
Iced Tea Choose from: Peach or Lemon	€3.00	
+ Milk Alternatives Almond Milk (8) Soya Milk (6) Oat Milk (I- Oats)	€0.60	
+ Flavour Vanilla, Caramel, Hazelnut	€0.60	
Please See the Counter for Today's Selection of Freshly Baked Cakes & Pastries		

Allergens: (1)Cereals - Gluten (2)Crustacean (3)Eggs (4)Fish (5)Peanuts (6)Soyabeans (7)Milk (8)Nuts (9)Celery (10)Mustard (11)Sesame Seeds (12)Sulphur Dioxide (13)Lupin (14)Molluscs